Safety on the Spectrum™

Safety Checklist

At Home

- ☐ Place visual supports at eye level at all doors. Example: Place a picture of a stop sign at eye level on each door.
- ☐ Move locks to high-to-reach locations, make access more difficult.
- ☐ Install door chimes to aid auditory support when individuals enter and exit the home.
- ☐ If you use locative technology, consider adding a geofence to your house (if supported by your device).
- ☐ Add physical boundaries to your property, including fencing, and locks to gates.

Away From Home

- ☐ Alert caregivers, school staff, and others of wandering behavior so that they can help keep your loved one safe.
- ☐ Include key stakeholders and create an approved zoning or safety plan for school and other frequently visited locations.
- ☐ Introduce your child to first responders and neighbors to help build trust and comfort.
- ☐ Consider if locative technology is the right decision for your family.

Building a Foundation

- ☐ Use social stories to support safe interactions and reduce anxiety about new experiences.
- ☐ Enroll in swimming and water safety classes.
- ☐ Make safety everyone's responsibility.

The connection is you.™

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Autism Society

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